



# BEARS FAMILY BULLETIN

## May 11 - 22, 2026

*With gratitude and respect, we acknowledge that we live, learn, and work on the traditional territories of the Coast Salish: T'Sou-ke Nation, SCÍΛNEW (Beecher Bay) Nation, and the Nuu-chah-nulth: Paa?çiid?paṭh (Pacheedaht) Nation. We also recognize that some of our schools are located on the traditional territories of the MÁLEXEL (Malahat) Nation, and the Lək'wəjən peoples of Songhees and Esquimalt Nations.*

<b>Monday 11</b>	<ul style="list-style-type: none"> <li>Non-Instructional Day (no school)</li> </ul>	<b>Monday 18</b>	<ul style="list-style-type: none"> <li>Victoria Day holiday – no school</li> </ul>
<b>Tuesday 12</b>	<ul style="list-style-type: none"> <li>Subway lunch (if you ordered)</li> <li>Belmont Visit (rescheduled for May 26)</li> </ul>	<b>Tuesday 19</b>	<ul style="list-style-type: none"> <li>Subway Lunch (if you ordered)</li> </ul>
<b>Wednesday 13</b>	<ul style="list-style-type: none"> <li>Gr. 8's registered at RBSS to visit</li> </ul>	<b>Wednesday 20</b>	<ul style="list-style-type: none"> <li>PAC cookie day (if you ordered)</li> </ul>
<b>Thursday 14</b>	<ul style="list-style-type: none"> <li>Sarpinos Lunch (if you ordered)</li> <li>7-7 &amp; 7-9 to Goldstream Park</li> <li>PAC AGM 7pm in library</li> </ul>	<b>Thursday 21</b>	<ul style="list-style-type: none"> <li>Sarpinos Lunch (if you ordered)</li> </ul>
<b>Friday 15</b>		<b>Friday 22</b>	<ul style="list-style-type: none"> <li>PAC Booster Juice (if you ordered)</li> </ul>

### Upcoming Dates:

#### May:

- 26 – Grade 8's visit Belmont
- 27 – Grade 6 market at lunch
- 28 – Grade 6 market at lunch
- 28 – Gymnastics club to come for Grade 6 PHE class

#### June:

- 2 – 8-1 & 8-5 to Outpost Board Cafe
- 2 – Fire Drill
- 3 – Chess Tournament
- 4 – Gr. 8 Cultus Lake Parent meeting
- 4 – Gr. 7/8 students to Harbour Cats
- 9 – Grade 5's visit
- 11 – Grade 5's visit
- 18 – Grade 6 to Harbour Cats
- 18 – Grade 8 trip to Cultus Lake
- 19 – School BBQ & Spring Family Challenge
- 24 – Grade 6 to Island View Beach
- 24 – Grade 7 to Shawnigan Lake
- 24 – Grade 8 Leaving 6:00-8:30pm
- 25 – last day of school – yearbooks given out

### ATHLETICS COMMUNICATIONS

Dear Centre Mountain Lellum Families,

We sure are enjoying this beautiful spring weather.

We had a fabulous Celebration of the Arts assembly on Friday, as students and staff auditioned for lip sync performances, our Jazz Band played for us, and we had our 1<sup>st</sup> ever Centre Mountain Lellum Rock, Paper, Scissors competition. Ask your child about this fun event! Each Centre Mountain Lellum family had their winner participate in the finals, including the top winning student competing against the top winning staff member. In the end, winning it all was Jack in Grade 6! Congratulations, Jack, on winning the first ever Rock, Paper, Scissors cup!

We had a great Pro D Day this Monday where many of our teachers attended a session at the school to learn more about using indigenous plants to create healing recipes. They planted many of the plants in our new space behind the turf field which we can now have classes take care of and use to create the recipes. I'm excited to try the 'Love your lungs' tea!

Our Spring Band Concert was a huge success last week at Belmont Theatre. Many thanks to the families who supported their child and the band to have such a wonderful year. The Band continues to fundraise to support their upcoming trips – see details below.

### SCHOOL NEWS:

## Track & Field Meets:

**Thursday May 14th events:** 100 Meters, 4 x 100 meter relay, Triple Jump, Grade 6/7 girls High Jump

**Monday May 25th events:** Sprint Hurdles, 1200 Meters, 300 meters, Boys Long Jump, Grade 8 High Jump, Girls Discus, Boys Shot Put

**Wednesday May 27th events:** Boys Discus Final, 2000 meter final, 4 x 100 meter relay (qualifying), 4 x 200 meter relay (practice races)

**Wednesday June 3rd ALL DAY: 8:30 am - 5:30 pm**  
Qualifying athletes will be contacted by Mrs. Sharpe

## Translate this page:

<https://translate.google.com>

## DISTRICT OR COMMUNITY NEWS:

### 1. Brand new community football program for teens - The South Island Outlaws Football Association.

Registration is now open! Teens with birth years 2012-2008 are eligible to join, so this means our grade 8s moving up to high school next school year!

Until now, there has been no community option for this age group - students could only play if they could attend Belmont, Mt. Doug, or Spectrum. This left many teens unable to participate, having to quit, and not even being able to even try the sport. This program is designed to change that by offering an inclusive opportunity for all interested players, including the grade 8 students who are not attending Belmont next school year.

Sports can play such a vital role in youth development - especially at a time when staying busy and engaged in healthy, positive activities is more important than ever.

All registration details can be found on the website:

[www.southislandoutlaws.com](http://www.southislandoutlaws.com)

**2. Safer Schools Together:** due to high demand, Safter Schools continues to offer their complimentary FAMILY Sessions on the topics of “**Establishing Safe, Caring, & Respectful Digital Communities**” See link for more information. [erase Family Sessions](#)

## 1. Band Fundraisers:

- **Pacific Football Club game. May 30** – come support the Centre Mountain Lellum Choir and Jazz Band as they perform the national anthem prior to kick-off, and the Jazz Band will play at halftime. Tickets are \$18 each for General Admission tickets, and the Band will get \$5 back for every ticket sold. Get your tickets here:

<https://www.gofevo.com/event/Centremountain2>

- **Langford Return-It Bottle Depot:** Take your empty bottles here and tell them it's for Centre Mountain Lellum Band (#1082), and all profits will support our school Band program. 1045 Dunford Ave.

## 2. Seeking Donations:

If you have any of the following items, please feel free to drop off at the office.

- **Art:** baby food jars (clean), magazines, calendars
- **PHE:** baseball gloves in good condition

## 3. PAC news:

The AGM is this Thursday, May 14 at 7pm. We'll be voting for the executive positions for the 2026-2027 school year. *See the attached update for a link for nominations.*

## 4. E-Scooters:

To help keep our school community safe and comfortable for students, staff, and visitors, we kindly remind families that students are expected to dismount and walk their bike, scooter, skateboard, or other electric-wheeled transportation while they are on school grounds during school hours. Students are familiar with this expectation, and we appreciate your continued support in reinforcing it at home.

If your child brings transportation equipment to school, please also ensure they have a lock, know how to use it independently, and keep their key or combination secure. If you are looking for more information about cycling and other modes of personal mobility, including rules and safety, please visit: [Cycling and other modes of personal mobility - Province of British Columbia](#).

Thank you for partnering with us to support a safe and positive school environment.

Please don't miss this opportunity to strengthen your family's digital safety practices, and feel empowered, not overwhelmed by the online world children and youth navigate every day. Last one for this year is May 13!

**3. Family Smart Resources – see link to register for events:**

<https://familysmart.ca/monthly-events/>

**4. Ministry of Education & Child Care:** Substance Use Prevention Series (online) for parents, guardians, caregivers.

<https://www2.gov.bc.ca/assets/gov/erase/documents/mental-health-wellness/substance-use-prevention-series.pdf>

5. **Moving:** Families of Grade 6 and 7 students...if you know your family will be moving over the summer and not returning to Centre Mountain Lellum in Sept., please let our office staff know by emailing [cml@sd62.bc.ca](mailto:cml@sd62.bc.ca). Our enrollment is getting tight, so it's helpful for us to know of any spaces that may be available for new students who are registering. Thank you!
6. **New Signage at Pick up/ Drop off loop:** You may have noticed the 'no stopping', 'no parking' and 'pick up/drop off only' signs in our lower parking loop. We have had these installed to remind drivers to NOT STOP or PARK on either side of the road, it is meant to be a loop that continually keeps moving. Please do not get out of your vehicle as this only holds up everyone behind you. Thank you to one of our parents who shared a photo of a car stopping to pick up right at the entrance to the lower staff/visitor lot. This is very dangerous as this roadway is our emergency lane. If we needed to call ambulance or fire department, they need to be able to get down the road and through that lane to get to our school. This is for the safety of our student and staff. Also, please do not pick up students in the lower parking lot – this is parking for staff and visitors entering the school only.
7. **Virtual Learning Commons:** now live on the Sooke School District website. You will find links to sites and resources to support your child's learning. [Virtual Library Learning Commons | Sooke School District](#)
8. **Please continue to monitor your child's social media.** We are having families contact us for inappropriate comments, photos, etc., being sent to other students in the evenings and weekends. Please monitor your child's use of social media.
9. **If your child will be absent,** please use the attendance email to let the office know, and it's always a good idea to cc the classroom teacher. Use: [cml@sd62.bc.ca](mailto:cml@sd62.bc.ca)

**School Goals:** Each year our school sets and reviews our school goals based on what we are seeing and hearing from our students. This year, our 3 goals are:

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|  | <ol style="list-style-type: none"><li>1) <i>Foster a safe, welcoming, and engaging learning environment where all students feel valued, connected, and experience a strong sense of belonging.</i></li><li>2) <i>Strengthen students' number sense (starting with a focus on mastering multiplication/division facts).</i></li><li>3) <i>Strengthen students' reading comprehension.</i></li></ol> |
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